

January 13, 2026

Our God Is LORD

Ps. 93:4 But mightier than the violent raging of the seas, mightier than the breakers on the shore, the LORD above is mightier than these!

The Hebrew word for mighty is *ad dir* which means majestic, magnificent, powerful or the Mighty One. When we think about the word mighty, it summons up thoughts of someone with extreme strength and power. When I was fourteen years old, I got to go to a Fellowship of Christian Athletes Camp in Fort Collins, Colorado at the campus of Colorado State University. There were several famous speakers who came to encourage us that week. All Pro football player, Bill Glass, a young Terry Bradshaw, Miss America Phyllis George, and All Pro defensive back Rex Kern were all there to encourage us to do our very best to excel in our walk with Christ and our sport. It was wonderful to hear their testimonies and see that God had used their platforms as an opportunity to share their faith with others. But the person that made the biggest impact on me that week was a man I had not heard much about. His name was Paul Anderson. He was an Olympic gold medalist, a world champion, and a two-time national champion in Olympic weightlifting. Lift included in the Guinness Book of World Records (1985 edition), Back-lift: 6,270 lbs., (2,840 kg) (weight raised slightly off trestles; done June 12, 1957, in Toccoa, Georgia) → listed as the greatest weight ever lifted by a human being. He was an imposing figure, standing approximately six feet tall and weighing 360 pounds. He told the story of how he had won the gold medal in the Olympics while he was suffering with the flu. He prayed God would allow him to lift so that he could use his testimony to bring others to Jesus. Not only did he lift well, he broke the world record in doing so. As he was speaking to us that night, he did some amazing feats of strength. They were literally mind-blowing. But the thing that made an eternal difference to me was when he made this statement at the end. “My name is Paul Anderson. I’m called the world’s strongest man, and if I need Jesus, so do you.” I literally began to cry as God smote my heart with the Spirit that night. God used the might of a man to remind me that He is mightier than anyone and that He will do amazing things in our lives if we will but let go and follow Him.

Dear Almighty God, You hold the universe in Your hands. You cause the mountains to fall and the winds to blow. There is nothing outside of Your purview. You reign over all creation with Your mighty right hand. We exalt You Father. In Jesus Name, Amen